



Let's Talk

About how to protect your child from serious diseases

Starting at age 9-10, you can start to protect your pre-teens from serious diseases like HPV cancers, Meningitis, Tetanus, Whooping Cough, Flu and COVID-19 with timely vaccinations

RECOMMENDED VACCINATIONS

AGE 9 - 10

- HPV dose 1** (Human Papillomavirus)
- HPV dose 2** (6-12 months after dose 1)

AGE 11 - 12

- Meningitis dose 1** (MenACWY)
- Tdap** (Tetanus, Diphtheria, Pertussis)
- HPV** (if 2 doses haven't been given)

AGE 16

- Meningitis dose 2** (MenACWY)
- Meningitis B series** (MenB)

Source: HPV Roundtable, American Cancer Society

YEARLY

- Flu** (seasonal Influenza)

COVID-19

- Pre-teens and teens should stay up-to-date with COVID-19 vaccinations to help protect them from COVID-19



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